SERYNTA

The Aesthetic Treatment History Field Guide

Ten practical chapters to preserve what you know, leave unknowns honest, and prepare a useful record for your next professional conversation.

FREE FIELD GUIDE | VERSION 1 | NOVEMBER 2026

You do not need an account to read or print this guide.

Important: This is an educational documentation guide, not diagnosis, treatment advice or confirmation of product authenticity. The material is a development draft awaiting qualified clinical and legal review. Do not enter patient details into public tools. Consult a qualified practitioner for individual health questions.

How to use this guide

Choose the chapter relevant to your situation. Complete only the facts you know. Keep original provider documents. Mark unknown information as unknown, rather than guessing. Share only what is necessary, with the person who needs it.

What this guide will not do

It will not recommend procedures, determine dose, diagnose reactions, infer clinical outcomes from photos, certify practitioners or authenticate batches. Public product reference databases are not evidence of individual product use.

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01 / Starting a personal history

Gather the first useful facts without guessing or inventing details.

A practical checklist

[ ] Record treatment type in the words you remember.

[ ] Use the date precision you actually know.

[ ] Keep original receipts and clinic letters as independent evidence.

[ ] Mark what you remember separately from what a clinic confirmed.

Questions to bring to the next discussion

• Which clinic performed the treatment?

• What exact date or date range is documented?

• Do I have the original product details?

• What still needs independent confirmation?

What you can take away

An honest starting history with clearly identified unknowns.

Primary source pointers

https://www.hl7.org/fhir/provenance.html

For a printable interactive resource, open /resources/first-history-quick-checklist on your SERYNTA installation.

02 / Botulinum toxin records

Capture exact formulation, recorded units and provider details for a future visit.

A practical checklist

[ ] Preserve the original product name rather than treating products as interchangeable.

[ ] Record the exact units exactly as documented, never convert between brands.

[ ] Keep the treated regions and visit date if known.

[ ] Ask a professional to confirm any missing product details.

Questions to bring to the next discussion

• Which formulation was used?

• What exact units were documented, and where?

• Are product identifiers and the provider recorded?

• What should the treating professional know at the next visit?

What you can take away

A product-specific history without conversion or dosing suggestions.

Primary source pointers

https://pubmed.ncbi.nlm.nih.gov/38922160/

https://www.accessdata.fda.gov/drugsatfda_docs/bla/2010/103000orig1s5215.pdf

For a printable interactive resource, open /resources/toxin-history-quick-checklist on your SERYNTA installation.

03 / Dermal filler history

Preserve product, location, date and any follow-up information across providers.

A practical checklist

[ ] Keep the exact filler product and volume only if documented.

[ ] Record body area and treatment date at known precision.

[ ] Do not assume previous material has disappeared just because time passed.

[ ] Keep information about any reversal or subsequent procedures.

Questions to bring to the next discussion

• Which exact filler product and batch were recorded?

• Where was it placed and when?

• Have there been relevant follow-up visits or interventions?

• What history is important to discuss with my clinician?

What you can take away

A structured filler history, not a prediction of product persistence.

Primary source pointers

https://www.fda.gov/medical-devices/aesthetic-cosmetic-devices/dermal-fillers-soft-tissue-fillers

https://pubmed.ncbi.nlm.nih.gov/35433153/

For a printable interactive resource, open /resources/filler-history-quick-checklist on your SERYNTA installation.

04 / Laser and energy device history

Keep the provider, device description and aftercare records together.

A practical checklist

[ ] Keep the device or treatment name as written in the clinic record.

[ ] Record area, visit date and any relevant clinic documentation.

[ ] Do not infer energy settings from appearance or memory.

[ ] Consult a clinician if there were unusual reactions or concerns.

Questions to bring to the next discussion

• Which equipment or technique was documented?

• What treatment area and date appear in the record?

• Were settings recorded by the clinic?

• What follow-up information should be shared?

What you can take away

A device-related documentation packet with no safety interpretation.

Primary source pointers

https://www.fda.gov/medical-devices

For a printable interactive resource, open /resources/laser-history-quick-checklist on your SERYNTA installation.

05 / Peels and resurfacing

Create a record of skin procedures and the products you can substantiate.

A practical checklist

[ ] Preserve the clinic label for the procedure.

[ ] Record dates and source documents separately.

[ ] List products only when their names are known.

[ ] Distinguish observed reactions from medical conclusions.

Questions to bring to the next discussion

• What procedure name is in the original note?

• Which product details are documented?

• Do I have written aftercare or follow-up instructions?

• What is unknown and needs professional confirmation?

What you can take away

A concise resurfacing history with source notes.

Primary source pointers

https://www.fda.gov/medical-devices

For a printable interactive resource, open /resources/skin-procedures-quick-checklist on your SERYNTA installation.

06 / Microneedling documentation

Preserve session history, professional notes and product descriptions.

A practical checklist

[ ] Document whether the source is a clinic note or personal recollection.

[ ] Preserve the appointment date with appropriate precision.

[ ] Keep any device description and product names if available.

[ ] Avoid inferring treatment settings or risk from a photo.

Questions to bring to the next discussion

• Which device or technique was used?

• What exactly was documented by the professional?

• Are any topical product names recorded?

• What history should be discussed at follow-up?

What you can take away

A source-labelled procedure timeline.

Primary source pointers

https://www.fda.gov/medical-devices

For a printable interactive resource, open /resources/skin-needling-quick-checklist on your SERYNTA installation.

07 / Consistent treatment photography

Make photos easier to compare by recording their conditions.

A practical checklist

[ ] Record the dates photographs were taken.

[ ] Keep camera angle, lighting and distance reasonably consistent.

[ ] Avoid filters or edits that distort appearance.

[ ] A photograph alone does not validate a clinical outcome.

Questions to bring to the next discussion

• Were before and after photos captured in comparable conditions?

• Who took and can access the originals?

• Was consent recorded for any sharing?

• Is the image being interpreted by an appropriate professional?

What you can take away

A photography setup checklist, not an automated efficacy rating.

Primary source pointers

https://pubmed.ncbi.nlm.nih.gov/28197993/

https://pubmed.ncbi.nlm.nih.gov/21763985/

For a printable interactive resource, open /resources/photo-consistency-quick-checklist on your SERYNTA installation.

08 / Products, batches and evidence

Keep the identifiers without confusing reference lookup with batch authentication.

A practical checklist

[ ] Copy product details verbatim from reliable packaging or records.

[ ] Keep the batch or lot number only when it is available.

[ ] A registry listing does not authenticate your individual batch.

[ ] Manufacturer or authorized provider verification is a separate task.

Questions to bring to the next discussion

• Is the manufacturer recorded?

• Do I have the lot or batch from the actual clinic record?

• Was the product name confirmed by a professional?

• What is the difference between registration and authenticity?

What you can take away

A product traceability checklist with honest verification status.

Primary source pointers

https://open.fda.gov/apis/device/udi/

https://www.fda.gov/medical-devices/global-unique-device-identification-database-gudid/accessgudid-public

For a printable interactive resource, open /resources/product-traceability-quick-checklist on your SERYNTA installation.

09 / Changing or visiting clinics

Bring the useful records to a new provider without giving blanket access.

A practical checklist

[ ] Choose only the records relevant to the consultation.

[ ] Check the recipient and access expiry before sharing.

[ ] Explain which entries are patient supplied or independently attested.

[ ] Keep the original record and clinic-held obligations separate.

Questions to bring to the next discussion

• Which records does the receiving clinic actually need?

• How long does access need to last?

• Are there unknown dates, products or conflicting entries?

• How do I revoke access when finished?

What you can take away

A recipient-specific packet with transparent provenance and limited access.

Primary source pointers

https://www.hl7.org/fhir/consent.html

For a printable interactive resource, open /resources/clinic-transfer-quick-checklist on your SERYNTA installation.

10 / Clinic adoption and patient intake

Improve patient preparation and records handoff without replacing the practice system.

A practical checklist

[ ] Ask only for relevant history and explicit patient permissions.

[ ] Never label a practitioner verified without credential review.

[ ] Keep the clinic medical record in its own system under applicable rules.

[ ] Start with a fictional demo before requesting integration access.

Questions to bring to the next discussion

• Which fields are already captured in our system?

• What information may a patient selectively share?

• How do we validate practitioner identity and record source?

• Which integrations require a vendor contract?

What you can take away

A clinic onboarding readiness list that respects existing systems.

Primary source pointers

https://www.hl7.org/fhir/consent.html

For a printable interactive resource, open /resources/clinic-workflow-quick-checklist on your SERYNTA installation.

Source and verification glossary

Patient reported

History entered by the patient, not independently authenticated.

Imported document

A structured copy of a source, which may still require verification.

Clinic entered

A clinic created the entry, which does not by itself establish full credential verification.

Practitioner attested

An attributable entry made after a separate credential review process.

Batch number

A product lot reference, not by itself proof of authenticity.

Expiring share

A limited access path for selected records; recipient authentication may still be required depending on purpose.

UDI or GUDID

Device reference data, not proof of which product was used for an individual.

Method and evidence note

This educational guide paraphrases original documentation principles and links to primary-source organizations. It does not reproduce or license full third-party publications. Clinical interpretation and legal applicability require expert review.

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